

	Timestamp	Choreography
Double Grind	0:00	Just after beat, blind catch throwing from right hand to left behind head
Double Grind	0:04	Look up and down tensely, then slowly gesture to foot to raise up other fan hooked on ball, lengthen to eglonge
Double Grind, blips come in	0:09	fall into sumo pose looking down and up with fans at sides, drift the fans together at right to connect in right hand.
Double Grind, blips	0:13	Stand up pivoting on right foot swinging fans to the right quickly, then pull them in to stomach. Spin the around head as you spin to position for next bit.
"I feel it running through my veins"	0:16	single hand fans, drift down across face to arm, release one fan to slide down arm and catch with the other.
"And I need that fire just to know that I'm awake"	0:25	flip top fans, extension, pull in, 180, fold out, pull in to x-relation, 180
"Erased, I missed till the break of day"	0:33	Flip to center grip, pivot with behind the head motion, Palm spins on "break" crouch back to centered grip, head hiding behind
"And I need that fire just to know that I'm awake"	0:41	8s and Os isolations
"Ooo"	0:50	Ear pass to one side
"Ooo"	0:58	ear pass to the other
"Ooo"	1:06	Dancerly reelsy thing
"Ooo"	1:14	little Crossers
"Until we go.."	1:19	On "Down", jut fans out in stright line and twist side to side with folded body twist
"...down" w/double grind	1:21	^
Chord change	1:25	^
"Until we go.."	1:27	Wall plane hoop isolations
"...down" w/double grind	1:29	
Chord change w/ double grind	1:33	
"Until we go.."	1:35	Hook over Struggle
"...down" w/double grind	1:37	
Chord change w/ double grind	1:41	

"Until we go.."	1:43	X relation crossers
"...down" w/double grind	1:45	
Chord change	1:50	
Octave up "Until we go..."	1:52	X-relation front, fold forward, pull back
"...down" w/double grind	1:53	spin with fans horizontal at shoulder height
Chord change	1:57	1.5s
"Until we go.."	1:59	out horizontal to side, travelling pancake toss
"...down" w/double grind	2:01	carry right fan over head to crouched position
Chord change w/ double grind	2:05	head up look right sharply, step (lunge) right with fans centered, tilt horizontal, spiral corkscrew up to open.
"Until we go.."	2:07	Toss one to back hand stall, one best spin to over it, back out again
"...down" w/double grind	2:09	Toss other to back left hand
Chord change w/ double grind	2:13	
"Until we go.."	2:17	Start spinning slowly, speeding up and raising arms
"...down" w/double grind	2:19	
Chord Change	2:21	Drop fans to hug
Drop Out	2:25	Light match, let fall
BEAT (boom,boom,bap)	2:30	Match hits, rope lights
boom boom bap	2:35	reach down and grab fans
boom boom bap	2:39	pull up and pull together
boom boom bap	2:43	swipe down and light
boom boom bap	2:47	Fullextension butterfly spins
boom boom bap	2:51	Ear passes and holster pops
boom boom bap	2:56	Two beat weave with a toss
boom boom bap	3:00	Pause in "s," punch out
boom boom bap	3:05	Lasso spin with antispin waist height meltdown
boom boom bap	3:09	
boom boom bap	3:13	Two beat weave full extension with toss
boom boom bap	3:17	no beat cascade tosses
dramatic boom	3:23	set for jexi toss

Dramatic boom	3:26	Complete jexi toss and twist into a waist wrap but...
Double grind	3:30	drop fan
double grind	3:35	reach back for it, get burned, recoil
double grind	3:39	realize other fan is burning hand and drop
double grind	3:43	Reach for them both and get burned again
"I feel it running through my veins"	3:48	Look down at veins in arm
"And I need that fire just to know that I'm awake"	3:57	Look at the fire fans, then up at raised palms
End	4:06	close to loose fists around head